## بسم الله الرحمن الرحيم

يَرْفَعِ اللَّهُ الَّذِينَ آمَنُوا مِنكُمْ وَالَّذِينَ أُوتُوا أَنْ اللَّهُ الَّذِينَ آمَنُوا مِنكُمْ وَالَّذِينَ أُوتُوا الْعِلْمَ دَرَجَاتٍ وَاللَّهُ بِمَا تَعْمَلُونَ خَبِيرٌ

# Respiratory Failure

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## **Definition**

Respiratory failure describes a set of conditions impairing delivery of oxygen to the tissues or removal of carbon dioxide from the tissues.

PaO2<60mmHg ± PaCO2>50mmHg

# **Types**

Type 1: hypoxic respiratory failure (Impaired diffusion, perfusion, shunt or V/Q mismatch).

Type 2 hypercapnic respiratory failure(Hypoventilation).

Type 3: postoperative respiratory failure (Atelectasis).

Type 4: circulatory shock-associated respiratory failure(Hypoperfusion)

### Causes

### Type I respiratory failure

- -Pneumonia
- Cardiogenic pulmonary edema
- -Non cardiogenic pulmonary edema (ARDS) -Pulmonary embolism
- -Pulmonary fibrosis Pulmonary fibrosis

### Causes

### Type II respiratory failure

- -Central hypoventilation
- COPD
- -Neuromuscular and chest wall disorders
- -Obesity Hypoventilation Syndrome

#### Causes

#### Type III respiratory failure

- -Inadequate post operative analgesia, upper abdominal incision
- Obesity, ascites
- -Excessive airway secretions

### Type IV respiratory failure

-Cardiogenic shock, Septic shock or Hypovolemic shock

### **Clinical Presentation**

- -Acute ,Chronic orAcute on top of Chronic
- -C\P of the cause

#### Hypoxia;

Tachypenia, Cyanosis

Clubbing

#### Hypercapneia;

Confusion, Asterxis

Papillodema

# Investigations

- -ABG
- -CXR
- -PFT
- -CT Chest
- -of the cause



"Iron lungs" were the first ventilators used on a wide basis for the polio epidemic in the 1950s. They created an intermittent negative pressure around the chest so the lungs would expand and breathe.

# Management

- -ABC
- **-O**2
- -Mechanical Ventilation
- -of the cause

Acute Respiratory Distress Syndrome (ARDS) is defined as an acute inflammatory syndrome that accompanied with increased permeability of the alveolar-capillary membrane.

Table 2. Common risk factors for ARDS	
Direct	Indirect
Pneumonia	Non-pulmonary sepsis
Aspiration of gastric contents	Major trauma
Inhalational injury	Pancreatitis
Pulmonary contusion	Severe burns
Pulmonary vasculitis	Non-cardiogenic shock
Drowning	Drug overdose
	Multiple transfusions or transfusion associated acute lung injury (TRALI)

Table 1. ARDS Berlin definition.	
The Berlin definition of acute respiratory distress syndrome	
Timing	Within I week of a known clinical insult or new or worsening respiratory symptoms
Chest imaging <sup>a</sup>	Bilateral opacities — not fully explained by effusions, lobar/lung collapse, or nodules
Origin of edema	Respiratory failure not fully explained by cardiac failure or fluid overload.
	Need objective assessment (e.g., echocardiography) to exclude hydrostatic edema if no risk factor present
Oxygenation <sup>b</sup>	
Mild	200 mmHg $<$ PaO $_2$ /FIO $_2 \le 300$ mmHg with PEEP or CPAP $\ge 5$ cmH $_2$ O $^c$
Moderate	100 mmHg $<$ PaO <sub>2</sub> /FIO <sub>2</sub> $\le$ 200 mmHg with PEEP $\ge$ 5 cmH <sub>2</sub> O
Severe	$PaO_2/FIO_2 \le 100 \text{ mmHg with PEEP} \ge 5 \text{ cmH}_2O$

Abbreviations: CPAP, continuous positive airway pressure;  $F_1O_2$ , fraction of inspired oxygen;  $PaO_2$ , partial pressure of arterial oxygen; PEEP, positive end-expiratory pressure; <sup>a</sup>Chest radiograph or computed tomography scan; <sup>b</sup>If altitude is higher than 1,000 m, the correction factor should be calculated as follows:  $[PaO_2/FIO_2\_(barometric pressure/760)]$ ; <sup>a</sup>This may be delivered noninvasively in the mild acute respiratory distress syndrome group.

### Management;

- -ttt of the cause
- -Ventilatory Support (ECMO)
- -NO inhlation, Diuretics,....etc



